

Lepae

(sotho: little blanket)



The project started in Nov 2013 when a few friends decided to get involved in a project to assist the mothers and babaies at the Neonatal Unit at Pelonomi Hospital In Bloemfontein

THE MAIN OBJECTIVE IS TO PROVIDE THE NEONATAL HIGH CARE UNIT OF PELONOMI HOSPITAL(Dept of Health- Free State)WITH HATS, BLANKETS AND CLOTHES. The project aims to assist existing Departments eg Nursing, Social Work and Occupational Therapy with materials and equipment they may need. Therefore assistance to both the mothers and babies.

As the unit at Pelonomi caters for the young/teen mothers of the Free State, (+- 100 at a given time)it was decided to try to improve their stay at the hospital which varies from 6-8 weeks by assisting the Occupational Therapy department with material for activities eg sewing, magazines,etc



ACTIVITIES of LEPAE:

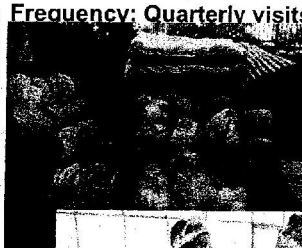
- Hats and blankets for babies
- Goodie bags for mothers
- Clothing for both mothers and babies
- Any articles that will help to keep mothers busy eg material, magazines, wool etc



- Special Occasions: Hand Massages for mothers
- Sponsor the winners of the beauty contest

- The group consists out of volunteers who knit hats and blankets
- Volunteers who collect donations from the community
- Volunteers who coordinate and distribute
- Volunteers who contact other organisations for assistance eg Bernina, African Stone Spa etc

Frequency: Quarterly visits to the hospital



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