



Centre for Play Therapy and Training

Accredited Gestalt Play Therapy Courses

Home

WHAT IS PLAY THERAPY?



Every day therapists, counsellors, social workers and teachers deal with traumatised children. Some of these children are psychologically and emotionally damaged and their normal functioning is seriously hampered. Play therapy uses a variety of techniques that provide an opportunity for the child to communicate emotions, feelings, experiences and behaviour. Therapists use the responses in play to intervene and to heal. It can be said that Play Therapy is the systematic use of Gestalt philosophy to establish an interpersonal process wherein play therapists use

the therapeutic powers of play to help clients prevent or resolve psychosocial challenges and achieve optimal growth and development. A working definition might be a form of counselling that therapeutically engages the power of play to communicate with and help people, especially children, to engender optimal integration and individualization.

Play Therapy is often used as a tool of assessment. A play therapist facilitates a client playing with toys (play-houses, pets, dolls, etc.) to determine the cause of the disturbed behaviour or unspoken need. The objects and patterns of play, as well as the willingness to interact with the therapist, can be used to understand the underlying meanings for needs, wishes and behaviour both inside and outside the session.

According to the psychodynamic characteristic of human behaviour children will engage in play behaviour in order to work through their interior obstructions and anxieties without realizing it. In this way, play therapy can be used as an awareness creating mechanism. From a developmental point of view, play has been determined to be an essential component of healthy child development. Play has been directly linked to cognitive development. Children play for a reason. It can be for e.g. to release tension or to be the controller.

EXPERIENCE AND HISTORY

Dr. Hannie Schoeman, the founder of the Centre for Play Therapy and Training, has actively been involved in play therapy training for 25 years. She trained intensively in the USA and Canada, specializing in play therapy. Initially Dr. Schoeman trained as play therapist at the Violet Oaklander Institute, Santa Barbara, USA. She also participated in international conferences and workshops in the USA, Sweden, Canada, UK and the RSA. She networks internationally with Gestalt and play therapist experts. She is a former Director of FAMSA (Pretoria), senior lecturer in Social Work (Play Therapy) and Play Therapy Manager at the University of Pretoria. She is at present the Director of the Centre for Play Therapy and Training, Gansbaai. Dr. Schoeman is a co-author of the book "Entering the Child's World – A Play Therapy Approach" and presented papers at national and international academic events.



She is a member of the South African Council of Social Service Professions. She is also the RSA representative on the International Association for the Advancement of Gestalt Therapy. Dr. Hannie was the promoter for 50 MA candidates, 14 doctoral candidates in the field of Play Therapy.

The Centre for Play Therapy and Training is situated on the Uylenvlei Retreat, approximately 15 km from Gansbaai, in a picturesque valley, very quiet and peaceful. www.uylenvlei-retreat.co.za

GUIDING PRINCIPLES

Learning takes place within the Gestalt perspective. The effectiveness of the training programmes is underlined in the approach that the whole field are involved. The emphasis during these training courses is on an experimental and practical level.

Learning objectives are based on safe and effective practice with children and in the framework of The Children's Act 38 of 2005, the constitution of the Republic of South Africa, 1996, The United Nations Convention on the Rights of the Child (UNCCRS) and the African Charter on the Rights and Welfare of the Child (ACRWC).

- The emphasis is upon experiential work underpinned by theory. Students work in two's during the excersises.
- The environment is therapeutically safe to participants being able to deal with their personal psychological issues that rise in the learning. They make contact with their inner-child.
- Practical assistance in helping trainees to master the techniques.

COURSES AND WORKSHOPS

The Centre for Play Therapy and Training offers the following courses and workshops:

Play Therapy Level 1. (26 hours. 4 days) 20 CPD points. R 2 100 per person

Play Therapy Level 2. (20 hours. 3 days) 15 CPD points. R 1 950 per person

Sand and Clay Workshop. (26 hours. 4 days) 12 CPD points. R 3 670 per person. Includes accommodation and meals. Only at Uylenvlei-Retreat. Gansbaai.

SLP- Service Learning Programme in partnership with Overberg District Education Department. 12 ½ days @ R6500.00 per person. Awaiting sponsorship for partial costs. (Supervision, accommodation and meals included).

The Centre for Play Therapy and Training is a SACSSP (South African Council for Social Services Professions) and HPCSA registered centre and as such a provider of CPD credits.

These courses and experiential workshops introduce you to the fundamentals of directive work with children and couples covering the philosophy, methods, mediums and practice of Gestalt Play Therapy.

Upon successful completion students receive certificates. Courses are presented at various locations throughout South Africa and Namibia.

If candidates wishes to have a course in their own area, they can assist in recruiting members for the course and in this way enables them to claim a discount on their own payment for the course. Approach dr Boet Schoeman on this possibility.

PAYMENT OFFER FOR 2017: DUE TO THE FACT THAT LEVEL 1 AND LEVEL 2 PLAY THERAPY IS FORMING AN INTEGRATED WHOLE IT WOULD BE ADVISABLE TO ATTEND LEVELS 1 AND 2 CONSECUTIVELY ONE DIRECTLY AFTER THE OTHER. IF LEVEL 2 IS DONE IMMEDIATELY FOLLOWING LEVEL 1, ONE QUALIFIES FOR A R 400.00 DISCOUNT FOR LEVEL 2.

CANDIDATES/STUDENTS MUST HOWEVER APPLY FOR THE DISCOUNT. THE FEES FOR BOTH COURSES WILL THEN BE R 3 650 PER PERSON INSTEAD OF R 4 050 PER PERSON. PERSONS ATTENDING COURSES CAN ALSO MAKE ARRANGEMENTS TO PAY THE FEES OVER A 3 MONTH PERIOD.

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Level 1 Play Therapy

LEVEL 1 PLAY THERAPY COURSE PROGRAMME

DAY ONE

- Child Development: Contact making with each phase of development and practical exercises.
- Philosophy and therapeutic approaches and practical exercises.
- Contact making with the self and practical exercises.

DAY TWO

- Contact with own process.
- Sensory contact.
- Relationship building.

DAY THREE

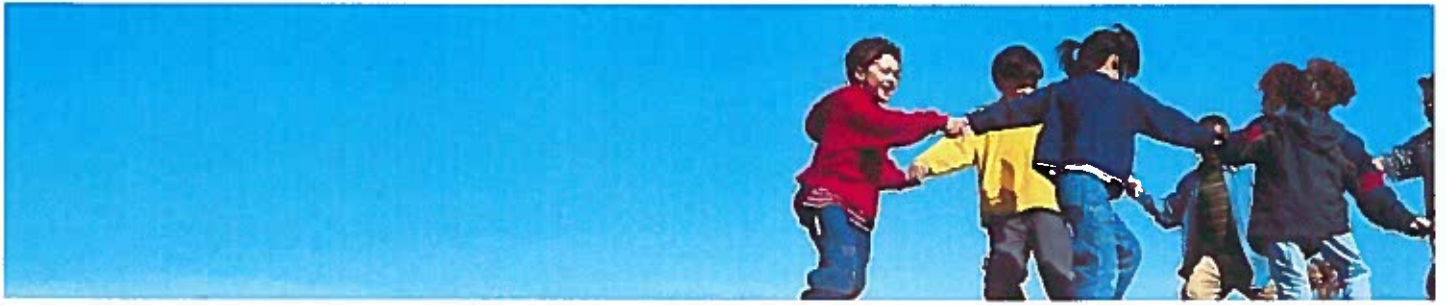
- Forms of play
- Projection
- Practical application of the mediums of play.

DAY FOUR

- Written exam.
- Integration of the Oaklander Model.
- Integration of mediums of play.
- Topic discussions according to group needs (death or aggression).

[Level 2 Play Therapy Course programme ...](#)

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Level 2 Play Therapy

LEVEL 2 PLAY THERAPY COURSE PROGRAMME

DAY ONE

- Approaches and perspectives in play therapy.
- Advanced Gestalt therapy. Awareness, dialogue and process.
- Introducing the Schoeman model
 - Boundaries
 - Resistance

DAY TWO

- Own process identification.
- Projection.
- Integration of play therapy techniques: monster technique, rosebush, Oaklander's model, empty chair and dreams.
- The Oaklander model.
- Group work according to the Gestalt approach.

DAY THREE

- Choice of mediums and techniques in therapy.
- Apply within Schoeman model.
- Oaklander's approach of applying Gestalt therapy.
- The Schoeman model. Videos.
- Problem analysing and group assessment.

[Level 1 Play Therapy Course programme](#)

Permanent link to this article: <http://gestaltplaytherapy.co.za/courses-and-workshops/level-2-play-therapy/>

REGISTRASIEVORM VIR SPELTERAPIE EN OPLEIDING

EERSTE- EN TWEDE VLAK KURSUSSE 2017

NAAM: VOORLETTERS: VAN:

ADRES:

POSKODE:

TELEFOONNOMMER:

HUISNOMMER: WERKNOMMER:

FAKSNOMMER: SELFOONNOMMER:

E-POS ADRES:

BEROEP:

KWALIFIKASIE:

EK WIL GRAAG REGISTREER VIR:

- VLAK 1 KURSUS (26 UUR, 4 DAE) R 2100.00:
- VLAK 2 KURSUS (22 UUR, 3 DAE) R1950.00:

DATUM VAN KURSUS:

PLEK VAN KURSUS:

DUI ASB AAN HOE U NAAM OP DIE SERTIFIKAAT MOET LEES;
BV. ERNA SMIT / E. M. SMIT.

10 % DEPOSITO BETAALBAAR MET REGISTRASIE. NIE TERUGBETAALBAAR
BEHALWE AS U 30 DAE VOOR DIE KURSUS SKRIFTELIK KANSELLEER.

(Merk asb. met X) Betaling : Kontant eerste
dag van kursus / tjekbetaling / Bank
deposito / Internet oorbetaling / Reeling.

MOET UITGEMAAK WORD AAN:

Sentrum vir Speltherapie en Opleiding

ABSA Hermanus

Tak nr: 334-812.

Rekening nr.: 4052216764

DUI ASB MET 'N "X" AAN IN WATTER TAAL
U DIE VOLGENDE WIL Hê:

GEBRUIK ASB. U NAAM AS
VERWYSING

HANDLEIDING	AFR	ENG
SERTIFIKAAT	AFR	ENG

Stuur afskrif van betalingsbewys na
hierdie kantoor

REGISTRATION FORM FOR PLAY THERAPY AND TRAINING

LEVEL 1 AND LEVEL 2 COURSES

2017

NAME: **INITIALS:** **SURNAME:**

ADDRESS:

AREA CODE:

TELEPHONE NUMBERS

HOME NUMBER: **OFFICE NUMBER:**

FAX NUMBER: **CELL NUMBER:**

EMAIL ADDRESS:

PROFESSION:

QUALIFICATIONS:

I INTEND TO REGISTER FOR:

- **BEGINNERS COURSE (26 HOURS - 4 DAYS) R 2100.00**
- **ADVANCED COURSE (22 HOURS - 3 DAYS) R 1950:00**

DATE OF COURSE:

(Level 1) || (Level 2)

VENUE:

10 % DEPOSIT WITH REGISTRATION. NON REFUNDABLE UNLESS WRITTEN CANCELLATION 30 DAYS IN ADVANCE.

ADVANCED COURSE APPLICANTS PLEASE SUPPLY YOUR BEGINNERS CERTIFICATE NUMBER:

PLEASE INDICATE HOW YOU PREFER YOUR NAME ON THE CERTIFICATE J.E. JONES OR JANE JONES :

(Mark with an X) Payment : Cash on the first day of the course / Cheque / Bank deposit Internet banking or Arrangement.

Should be made payable to: Centre for Play Therapy and Training: Gansbaai
PLEASE INDICATE ABSA Bank Hermanus
LANGUAGE Branch Number: 334-812
PREFERENCE WITH AN "X" **Account Number: 4052216764**
FOR : **PLEASE USE YOUR NAME AS REFERENCE**
Send proof of payment to this office

COURSE MANUAL	ENG	AFR
CERTIFICATE	ENG	AFR